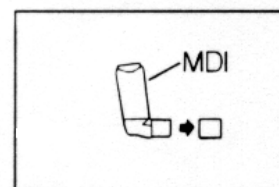


How do I use my Metered-Dose Inhaler (MDI) with a spacer and mask?

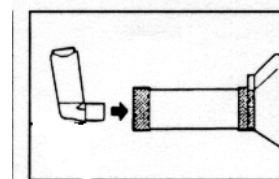
CUE WORDS

1. **Remove** the cap.



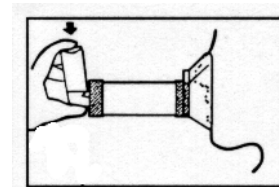
2. **Shake** the MDI.

3. **Assemble** the MDI mouthpiece in the **spacer**.



4. **Apply** the mask to the face.

5. **Depress** the canister.



6. **Breathe in:** 5 – 6 breaths for children > 18 mo.
8 – 10 breaths for children < 18 mo.
Slowly and deeply for one deep breath for older children and adults. If unable to breath hold, 3-4 breaths are adequate.

7. **Breathe out.**

8. **Replace the cap.**

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Metered dose inhaler with spacer and mask