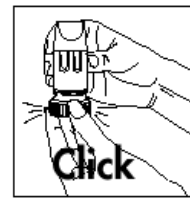


How do I use my Turbuhaler[®]?

CUE WORDS

1. **Remove the cap & hold upright.**
2. **Turn the base in one direction and back.**
3. **Listen for a “click” sound.**
4. **Breathe out.**
5. **Place between lips.**
6. **Breathe in quickly and deeply.**
7. **Breath hold** for 5-10 seconds.
8. **Breathe out.**
9. **Replace cap.**



THE  LUNG ASSOCIATION™
When you can't breathe, nothing else matters.

AsthmaTrec and **COPDTrec**
ASTHMA TRAINING & EDUCATOR COURSE COPD TRAINING & EDUCATOR COURSE

Turbuhaler

AUG.05